



Town of LaGrange Parks & Recreation Department

120 Stringham Road
LaGrangeville, NY 12540
845-452-1972 www.lagrangeny.org

Changing Lives...Inspiring Play...Fostering Teamwork!

LaGrange Day Camp 2015 Jr. SIT & CIT Program Information

The Town of LaGrange Parks & Recreation Department is pleased to be offering SIT and CIT programs to youth in our community as an early introduction to employment opportunities within our parks.

Program Objectives: To introduce young people to the variety of jobs that exist in a parks and recreation department. To help develop leaders and support the development of youth in a recreational setting.

Jr. Staff in Training (SIT):

The Jr. Staff in Training Program is a first opportunity to work with young people in our parks and recreation programs and offer them insight and training into what makes successful departments work. Through a variety of classroom and hands-on instruction sessions, SIT's will get an introduction into all positions that are available including lifeguard, counselor, concession and recreation leader. Some areas of instruction may include child supervision, first aid, health and safety, proper food handling, creative program planning, working with special needs children, etc.

The program runs for a two week session. Our SIT's will have the chance to observe our groups and also participate in team building with their peers. Our SIT's will also team up with the CIT program on occasion, including participating in one out of camp trip. On trip days, the entire SIT/CIT program will be off site.

This program will be facilitated and monitored by our Jr. SIT Director, Robert Carruthers. Regular critique/feedback will be given as well as formal written evaluations.

****Please note:** Youth are eligible to repeat the program for multiple sessions. Please be aware that the program repeats the curriculum closely for each session.

Age to participate: 13 & 14 years old or entering 8th grade
Open to LaGrange residents and eligible non-residents

Fees:

LaGrange residents	\$200 includes registration fee, six lunches, camp trip
Eligible non-residents	\$250 includes registration fee, six lunches, camp trip

Session Dates:

Session 1:	7/6-7/17
Session 2:	7/20-7/31
Session 3:	8/3-8/14

New this year: LaGrange Day Camp Water Bottles!

Price: \$3.00 each... Show Your Camp Spirit!

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Counselor in Training (CIT):

The Town of LaGrange Counselor in Training Program includes training and preparation for young people to learn the employment opportunities that exist in parks & recreation and to provide hands on training specific to becoming a camp counselor. The program runs for a two week session. Our CIT's will have the chance to observe our groups, interact with campers, create and lead a camp activity and also participate in team building with their peers. Our CIT's will also team up with the SIT program on occasion, including participating in one out of camp trip. On trip days, the entire CIT/SIT program will be off site.

This program will be facilitated and monitored by our CIT Director, Erin Pontez. Regular critique/feedback as well as formal written evaluations will be given.

**Please note: Groups of CITs will be chosen based on the questions on the CIT application form. Each CIT will be placed in a session to best fit the needs of the program and match the skills of each CIT. This training program is not based on "first come, first served" as most of our other programs are. Each CIT will be chosen and placed in one session, additional sessions may be available and will be given to CITs who show the most potential of becoming future employees of the LaGrange Parks & Recreation Department.

Age to participate: 15 & 16 years old with two prior seasons of camp experience
Open to LaGrange residents and eligible non-residents

Fees:

LaGrange residents	\$100 includes registration fee, six lunches, camp trip
Eligible non-residents	\$150 includes registration fee, six lunches, camp trip

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